

Introduction to Psychology

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Brunel

We're delighted you're thinking about studying at Brunel University London.

Our Introduction to Psychology course is designed to help you understand the scientific study of behaviour and the mind. You will explore the biological, cognitive and environmental influences on behaviour and the mind. You will also learn about the history and development of psychology as a discipline. The course is designed to be both challenging and enjoyable, and to provide you with a solid foundation for your studies in psychology.

Sample lecture/coursework questions

1. A person who is very confident and outgoing is likely to be high on the Big Five personality trait of **Extraversion**.
2. How does the brain process information? Explain the flow of information from the eyes to the brain and back to the eyes.
3. Can you explain the difference between a **correlation** and a **causation**? Give an example of each.
4. What are the **biological** and **environmental** factors that influence behaviour? Give an example of each.



Reading list

- Cox, A. (2012). *Child Psychology: Developmental Psychology*. Routledge.
- Jones, R. S., Collins, I. C. A., Cunniff, C., & Lunt, D. C. (Eds.). (2014). *Research in Psychology* (4th ed.). Psychology Press.
- Levine, J. (2015). *Teaching Psychology: A Practical Guide* (2nd ed.). Psychology Press, Taylor & Francis Group. (Chapters 6, 7, 8, 9, 14 & 15).
- Palmer, J. P. J., & Brown, S. (2018). *Behavioural Psychology* (2nd ed.). Psychology (Chapters 2, 3, 4, 5, 7, 10).
- Palmer, M. S., Lunt, R. B., & Munniff, G. R. (2014). *Child Psychology: Developmental Psychology*. Psychology Press. (Forthcoming, 2019). (Chapters 1, 2, 3)
- Palmer, J. E. (2017). *Learning Psychology* (2nd ed.). Psychology, Taylor & Francis Group.
- Palmer, N. R., & Brown, R. A. (2017). *Statistics in Psychology* (2nd ed.). Psychology Press.
- Palmer, D. J., & Funnell, D. R. (2019). [Learning Psychology: A Practical Guide](#) (2nd ed.). Psychology Press. (Chapter 0.70).

For more information on this course, please visit the [Open Days Page](#).

For more information on APA style, visit [APA style](#).

Indicative content

Learning objectives for this course will be available on the course page once the course is open for registration.

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